

Inequalities Derived From Distances Between Triangle Centers

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Abstract. Using a computer, we find the formula for the distance between a number of triangle centers in terms of R , r , and s (the circumradius, inradius, and semiperimeter of a triangle). We then use the fact that this expression is always nonnegative to find upper and lower bounds for powers of the variables R , r , and s in terms of the other variables.

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1. INTRODUCTION

The literature abounds with inequalities involving elements of a triangle, such as R , r , and s , the triangle's circumradius, inradius, and semiperimeter. One sometimes wonders if these inequalities have any geometrical significance.

For example, in 1765, Euler [2] found the following formula for the distance between the incenter and circumcenter of a triangle in terms of R and r :

$$d^2 = R(R - 2r).$$

Since this distance cannot be negative, this implies that

$$R \geq 2r.$$

More recently, similar relationships connecting distances between triangle centers and well-known inequalities have been found.

For example, it was noted ([7, p. 45] and [5]) that Gerretsen's Inequalities

$$16Rr - 5r^2 \leq s^2 \leq 4R^2 + 4Rr + 3r^2$$

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follow from the facts that

$$|GI|^2 = \frac{1}{9}(s^2 - 16Rr + 5r^2)$$

and

$$|HI|^2 = 4R^2 + 4Rr + 3r^2 - s^2$$

where G , I , and H are the centroid, incenter, and orthocenter of a triangle and $|PQ|$ denotes the distance between points P and Q .

In 2019, it was noted [6] that Kooi's Inequality

$$s^2 \leq \frac{R(4R + r)^2}{2(2R - r)}$$

follows from

$$|OM|^2 = R^2 - \frac{2Rs^2(2R - r)}{(4R + r)^2}$$

where O and M are the circumcenter and mittenpunkt of a triangle.

In this paper, we examine the distances between various triangle centers to see if they imply similar bounds for s^2 (and other elements).

2. THE PROCEDURE

2.1. Centers used.

Let X_n denote the n th named triangle center as cataloged in the Encyclopedia of Triangle Centers [4].

We use barycentric coordinates in this study. The barycentric coordinates for 69 triangle centers in terms of the sides of the triangle, a , b , and c , are shown in Table 1. Only the first barycentric coordinate is given, because if $f(a, b, c)$ is the first barycentric coordinate for a point P , then the barycentric coordinates for P are

$$\left(f(a, b, c) : f(b, c, a) : f(c, a, b)\right).$$

These were derived from [4]. For this study, we included all triangle centers from the first 200 whose first barycentric coordinate is a polynomial of degree 4 or less. We also included a few additional triangle centers.

Table 1: List of Centers Used in this Study

ctr	1st barycentric coordinate	ctr	1st barycentric coordinate
X_1	a	X_{65}	$a(a+b-c)(a-b+c)(b+c)$
X_2	1	X_{69}	$b^2+c^2-a^2$
X_3	$a^2(a^2-b^2-c^2)$	X_{72}	$a(b+c)(b^2+c^2-a^2)$
X_4	$(a^2+b^2-c^2)(a^2-b^2+c^2)$	X_{75}	bc
X_5	$a^2b^2+2c^2b^2-c^4+a^2c^2-b^4$	X_{76}	b^2c^2
X_6	a^2	X_{78}	$a(b+c-a)(b^2+c^2-a^2)$
X_7	$(a+b-c)(a-b+c)$	X_{79}	$(a^2+ab+b^2-c^2)(a^2+ac-b^2+c^2)$
X_8	$a-b-c$	X_{80}	$(a^2-ab+b^2-c^2)(a^2-ac-b^2+c^2)$
X_9	$a(a-b-c)$	X_{81}	$a(a+b)(a+c)$
X_{10}	$b+c$	X_{83}	$(a^2+b^2)(a^2+c^2)$
X_{11}	$(b-c)^2(b+c-a)$	X_{85}	$bc(a+b-c)(a-b+c)$
X_{12}	$(a+b-c)(a-b+c)(b+c)^2$	X_{86}	$(a+b)(a+c)$
X_{20}	$3a^4-2b^2a^2-2c^2a^2-b^4-c^4+2b^2c^2$	X_{88}	$a(a+b-2c)(a-2b+c)$
X_{21}	$a(a+b)(a+c)(b+c-a)$	X_{89}	$a(2a+2b-c)(2a-b+2c)$
X_{31}	a^3	X_{99}	$(b^2-a^2)(c^2-a^2)$
X_{32}	a^4	X_{141}	b^2+c^2
X_{35}	$a^2(a^2-b^2-c^2-bc)$	X_{142}	$ab+ac-(b-c)^2$
X_{36}	$a^2(a^2-b^2-c^2+bc)$	X_{145}	$3a-b-c$
X_{37}	$a(b+c)$	X_{190}	$(a-b)(a-c)$
X_{38}	$a(b^2+c^2)$	X_{192}	$ab-bc+ac$
X_{39}	$a^2(b^2+c^2)$	X_{194}	$a^2b^2+a^2c^2-b^2c^2$
X_{40}	$a(a^3+a^2b+a^2c-ab^2-ac^2-2abc-b^3-c^3+bc^2+b^2c)$	X_{200}	$a(b+c-a)^2$
X_{41}	$a^3(b+c-a)$	X_{210}	$a(b+c)(b+c-a)$
X_{42}	$a^2(b+c)$	X_{213}	$a^3(b+c)$
X_{43}	$a(ab-bc+ac)$	X_{238}	$a(a^2-bc)$
X_{44}	$a(b+c-2a)$	X_{239}	a^2-bc
X_{45}	$a(2b+2c-a)$	X_{244}	$a(b-c)^2$
X_{46}	$a(a^3+a^2b+a^2c-ab^2-ac^2-b^3-c^3+bc^2+b^2c)$	X_{304}	$bc(b^2+c^2-a^2)$
X_{55}	$a^2(b+c-a)$	X_{306}	$(b+c)(b^2+c^2-a^2)$
X_{56}	$a^2(a+b-c)(a-b+c)$	X_{312}	$bc(b+c-a)$
X_{57}	$a(a+b-c)(a-b+c)$	X_{319}	$b^2+c^2-a^2+bc$
X_{58}	$a^2(a+b)(a+c)$	X_{320}	$a^2-b^2-c^2+bc$
X_{63}	$a(b^2+c^2-a^2)$	X_{321}	$bc(b+c)$
		X_{345}	$(b+c-a)(b^2+c^2-a^2)$
		X_{346}	$(a-b-c)^2$
		X_{350}	$bc(a^2-bc)$

2.2. Finding the distance.

Using the distance formula between two points in terms of their barycentric coordinates [3], we found formulas for the distance between every pair of points in Table 1. The resulting formula (in terms of a , b , and c) was converted to an equivalent formula in terms of R , r , and s by using the Fundamental Theorem of Symmetric Polynomials [8] to express the formula in terms of the elementary symmetric polynomials, $a+b+c$, $ab+bc+ca$, and abc and then using the following well-known formulas [7, p. 7]:

$$\begin{aligned} a + b + c &= 2s \\ ab + bc + ca &= r^2 + s^2 + 4rR \\ abc &= 4rRs. \end{aligned}$$

These distance formulas are given in the file `RrsDistances.pdf` included with the supplementary material associated with this paper. We call these the R - r - s distance formulas.

2.3. Example 1.

Using the barycentric distance formula, we find that the square of the distance between X_1 and X_7 is

$$|X_1X_7|^2 = \frac{E}{(a+b+c)(a^2-2a(b+c)+(b-c)^2)^2}$$

where

$$\begin{aligned} E &= -(a^7 - 2a^6(b+c) + 5a^5bc + a^4(b^3 - 2b^2c - 2bc^2 + c^3) + a^3(b-c)^2(b^2 + c^2) \\ &\quad - 2a^2bc(b-c)^2(b+c) - a(b-c)^4(2b^2 + 3bc + 2c^2) + (b-c)^4(b^3 + 2b^2c + 2bc^2 + c^3)). \end{aligned}$$

Writing this in terms of the elementary symmetric polynomials, shows that

$$|X_1X_7|^2 = \frac{E'}{(a+b+c)^5 - 8(ab+ac+bc)(a+b+c)^3 + 16(ab+ac+bc)^2(a+b+c)}$$

where

$$\begin{aligned} E' &= -48a^2b^2c^2(a+b+c) - 14abc(a+b+c)^4 - (a+b+c)^7 \\ &\quad + 64abc(a+b+c)^2(ab+ac+bc) + 9(a+b+c)^5(ab+ac+bc) \\ &\quad - 32abc(ab+ac+bc)^2 - 24(a+b+c)^3(ab+ac+bc)^2 \\ &\quad + 16(a+b+c)(ab+ac+bc)^3. \end{aligned}$$

Expressing this in terms of R , r , and s gives

$$|X_1X_7|^2 = \frac{r^2(r^2 + 8rR + 16R^2 - 3s^2)}{(r + 4R)^2}.$$

2.4. Short polynomials.

The R - r - s distance formulas where the expression is a polynomial with fewer than 4 terms are shown below.

$$\begin{aligned}
|X_1X_2|^2 &= \frac{1}{9}(5r^2 - 16rR + s^2) \\
|X_1X_3|^2 &= R(R - 2r) \\
|X_1X_5|^2 &= \frac{1}{4}(R - 2r)^2 \\
|X_1X_8|^2 &= 5r^2 - 16rR + s^2 \\
|X_1X_{10}|^2 &= \frac{1}{4}(5r^2 - 16rR + s^2) \\
|X_1X_{11}|^2 &= r^2 \\
|X_1X_{40}|^2 &= 4R(R - 2r) \\
|X_1X_{80}|^2 &= 4r^2 \\
|X_1X_{145}|^2 &= 5r^2 - 16rR + s^2 \\
|X_2X_8|^2 &= \frac{4}{9}(5r^2 - 16rR + s^2) \\
|X_2X_{10}|^2 &= \frac{1}{36}(5r^2 - 16rR + s^2) \\
|X_2X_{145}|^2 &= \frac{16}{9}(5r^2 - 16rR + s^2) \\
|X_3X_8|^2 &= (R - 2r)^2 \\
|X_3X_{40}|^2 &= R(R - 2r) \\
|X_3X_{99}|^2 &= R^2 \\
|X_4X_8|^2 &= 4R(R - 2r) \\
|X_4X_{145}|^2 &= 4(R - 2r)^2 \\
|X_5X_{10}|^2 &= \frac{1}{4}R(R - 2r) \\
|X_5X_{11}|^2 &= \frac{1}{4}R^2 \\
|X_5X_{40}|^2 &= rR + \frac{25}{4}R^2 - s^2 \\
|X_5X_{80}|^2 &= \frac{1}{4}(R + 2r)^2 \\
|X_8X_{10}|^2 &= \frac{1}{4}(5r^2 - 16rR + s^2) \\
|X_8X_{145}|^2 &= 4(5r^2 - 16rR + s^2) \\
|X_{10}X_{145}|^2 &= \frac{9}{4}(5r^2 - 16rR + s^2) \\
|X_{11}X_{80}|^2 &= r^2 \\
|X_{20}X_{145}|^2 &= 16R(R - 2r)
\end{aligned}$$

2.5. Perfect squares.

For some of the R - r - s distance formulas, the expression is a perfect square, meaning that the distance between the two centers can be expressed in terms of R , r , and s without using radicals. These are shown below.

$$\begin{aligned} |X_1X_5| &= \frac{R-2r}{2} \\ |X_1X_{11}| &= r \\ |X_1X_{80}| &= 2r \\ |X_3X_8| &= R-2r \\ |X_3X_{99}| &= R \\ |X_4X_{145}| &= 2(R-2r) \\ |X_5X_{11}| &= \frac{R}{2} \\ |X_5X_{80}| &= \frac{R+2r}{2} \\ |X_{11}X_{80}| &= r \end{aligned}$$

2.6. Finding the inequalities.

Each R - r - s distance formula gave us an equation of the form

$$|X_iX_j|^2 = F(R, r, s)$$

where F is a rational function of R , r , and s . Since the distance between two points cannot be negative, this gives us the inequality

$$F(R, r, s) \geq 0.$$

Factoring F , if one of the factors is obviously nonnegative (using the constraints $s > 0$ and $R \geq 2r > 0$), then we discarded this factor giving an equivalent inequality of the form

$$f(R, r, s) \geq 0.$$

If one of the variables (R , r , or s) or a power thereof can be isolated from the other variables, we then transformed the inequality into the form

$$u^n \geq g(v, w) \quad \text{or} \quad u^n \leq g(v, w)$$

where u is the variable being isolated, and v and w are the other variables. Here n is a positive integer.

If no variable could be isolated from $f(R, r, s) \geq 0$, then we moved on to the next distance formula.

During the transformation process, if we reached an inequality of the form

$$h(v, w)u^n \geq G(v, w),$$

we examined the factor $h(v, w)$ to determine how to proceed. If $h(v, w)$ was obviously positive (using the constraints $s > 0$ and $R \geq 2r > 0$), then we formed the equivalent inequality

$$u^n \geq \frac{G(v, w)}{h(v, w)}.$$

If $h(v, w)$ was obviously negative (using the constraints $s > 0$ and $R \geq 2r > 0$), then we formed the equivalent inequality

$$u^n \leq \frac{G(v, w)}{h(v, w)}.$$

If $h(v, w)$ was neither always positive or always negative for all triangles, then we moved on to the next distance formula.

2.7. Example 2.

In Example 1, we found that

$$|X_1X_7|^2 = \frac{r^2(r^2 + 8rR + 16R^2 - 3s^2)}{(r + 4R)^2}.$$

Since $|X_1X_7|^2 \geq 0$ and clearly r^2 and $(r + 4R)^2 > 0$, we get the inequality

$$r^2 + 8rR + 16R^2 - 3s^2 \geq 0.$$

Isolating the s^2 term gives

$$s^2 \leq \frac{(r + 4R)^2}{3}.$$

2.8. Example 3.

Using the barycentric distance formula, we find that the square of the distance between X_2 and X_7 is

$$|X_2X_7|^2 = \frac{4}{9} \times \frac{E}{(a^2 - 2ab + b^2 - 2ac - 2bc + c^2)^2}$$

where

$$\begin{aligned} E = & -a^6 + a^5b + 5a^4b^2 - 10a^3b^3 + 5a^2b^4 + ab^5 - b^6 + a^5c - 7a^4bc + 6a^3b^2c \\ & + 6a^2b^3c - 7ab^4c + b^5c + 5a^4c^2 + 6a^3bc^2 - 18a^2b^2c^2 + 6ab^3c^2 + 5b^4c^2 - 10a^3c^3 \\ & + 6a^2bc^3 + 6ab^2c^3 - 10b^3c^3 + 5a^2c^4 - 7abc^4 + 5b^2c^4 + ac^5 + bc^5 - c^6. \end{aligned}$$

Converting to R - r - s form gives

$$|X_2X_7|^2 = \frac{4}{9} \times \frac{4R^2s^2 - r^4 - 12r^3R - r^2(48R^2 + 5s^2) - 8r(8R^3 - Rs^2)}{(r + 4R)^2}.$$

The factors $\frac{4}{9}$ and $(r + 4R)^2$ are obviously positive, so this gives us the inequality

$$4R^2s^2 - r^4 - 12r^3R - r^2(48R^2 + 5s^2) - 8r(8R^3 - Rs^2) \geq 0.$$

Collecting terms gives

$$(2R - r)(5r + 2R)s^2 - r(r + 4R)^3 \geq 0.$$

Isolating the s^2 term gives

$$(2R - r)(5r + 2R)s^2 \geq r(r + 4R)^3.$$

The factor $5r + 2R$ is obviously positive. The factor $2R - r$ is positive because of the constraint $R \geq 2r$. We can thus divide both sides of the inequality by the coefficient of s^2 without changing the sense of the inequality. We get

$$s^2 \geq \frac{r(r + 4R)^3}{(2R - r)(5r + 2R)}.$$

3. INEQUALITIES

When reporting on inequalities found, we exclude duplicate inequalities.

3.1. Inequalities for r and R .

Using the procedure described in Section 2, we found the following inequalities for r and R .

Theorem 1. *The following inequalities are true for all triangles.*

$$\begin{aligned} |X_1X_2|^2 \geq 0 &\implies R \leq \frac{5r^2 + s^2}{16r} \\ |X_1X_3|^2 \geq 0 &\implies r \leq \frac{R}{2} \\ |X_1X_3|^2 \geq 0 &\implies R \geq 2r \\ |X_5X_{40}|^2 \geq 0 &\implies r \geq \frac{4s^2 - 25R^2}{4R} \end{aligned}$$

3.2. Upper bounds for s^2 .

Using the procedure described in Section 2, we found the following upper bounds for s^2 in terms of r and R .

Theorem 2. *The following inequalities are true for all triangles.*

$$\begin{aligned} |X_1X_4|^2 \geq 0 &\implies s^2 \leq 3r^2 + 4rR + 4R^2 \\ |X_1X_7|^2 \geq 0 &\implies s^2 \leq \frac{1}{3}(r + 4R)^2 \\ |X_1X_{79}|^2 \geq 0 &\implies s^2 \leq \frac{1}{2}(2r^2 + 8rR + 9R^2) \\ |X_2X_{40}|^2 \geq 0 &\implies s^2 \leq \frac{1}{5}(36R^2 - r^2 - 4rR) \\ |X_3X_7|^2 \geq 0 &\implies s^2 \leq \frac{R^2(r + 4R)^2}{4r(r + R)} \\ |X_3X_9|^2 \geq 0 &\implies s^2 \leq \frac{R(r + 4R)^2}{2(2R - r)} \\ |X_3X_{12}|^2 \geq 0 &\implies s^2 \leq \frac{2r^4 + 7r^3R + 11r^2R^2 + 4rR^3 + R^4}{r(2r + R)} \\ |X_3X_{79}|^2 \geq 0 &\implies s^2 \leq \frac{4r^4 + 26r^3R + 52r^2R^2 + 30rR^3 + 9R^4}{6r(2r + R)} \\ |X_3X_{210}|^2 \geq 0 &\implies s^2 \leq \frac{R(r^2 + 4rR - 9R^2)}{2(r - R)} \\ |X_4X_{12}|^2 \geq 0 &\implies s^2 \leq \frac{2r^4 + 13r^3R + 26r^2R^2 + 16rR^3 + 4R^4}{(r + R)(2r + R)} \\ |X_4X_{35}|^2 \geq 0 &\implies s^2 \leq \frac{8r^4 + 42r^3R + 67r^2R^2 + 28rR^3 + 4R^4}{(2r + R)(4r + R)} \end{aligned}$$

Upper bounds for s^2 (continued):

$$\begin{aligned}
|X_4X_{63}|^2 \geq 0 &\implies s^2 \leq \frac{r^4 + 6r^3R + 12r^2R^2 + 8rR^3 + 4R^4}{r(3r + 2R)} \\
|X_4X_{65}|^2 \geq 0 &\implies s^2 \leq \frac{r^3 + 2r^2R - 4R^3}{r - R} \\
|X_4X_{79}|^2 \geq 0 &\implies s^2 \leq \frac{2r^3 + 5r^2R - 12rR^2 - 36R^3}{3(2r - 3R)} \\
|X_4X_{142}|^2 \geq 0 &\implies s^2 \leq \frac{(r + 4R)^2(3r^2 + 12rR + 16R^2)}{(r + 6R)(r + 10R)} \\
|X_4X_{210}|^2 \geq 0 &\implies s^2 \leq -\frac{3r^3 + 10r^2R - 8rR^2 - 36R^3}{r + 5R} \\
|X_5X_{35}|^2 \geq 0 &\implies s^2 \leq \frac{8r^4 + 44r^3R + 64r^2R^2 + 8rR^3 + R^4}{4r(2r + R)} \\
|X_5X_{40}|^2 \geq 0 &\implies s^2 \leq \frac{1}{4}R(4r + 25R) \\
|X_5X_{55}|^2 \geq 0 &\implies s^2 \leq \frac{2r^4 + 14r^3R + 25r^2R^2 + 2rR^3 + R^4}{2r(r + R)} \\
|X_7X_{35}|^2 \geq 0 &\implies s^2 \leq \frac{R(r + 4R)^2(2r + 9R)}{2r + R)(8r + 11R)} \\
|X_7X_{40}|^2 \geq 0 &\implies s^2 \leq -\frac{((r + 4R)^2(r^2 + 4rR - 4R^2))}{r(5r + 8R)} \\
|X_7X_{55}|^2 \geq 0 &\implies s^2 \leq \frac{R(r + 4R)^3}{(r + R)(4r + 7R)} \\
|X_7X_{79}|^2 \geq 0 &\implies s^2 \leq -\frac{(r + 4R)^2(2r + 9R)}{5(2r - 7R)} \\
|X_{10}X_{20}|^2 \geq 0 &\implies s^2 \leq \frac{1}{15}(21r^2 + 64rR + 64R^2) \\
|X_{12}X_{20}|^2 \geq 0 &\implies s^2 \leq \frac{18r^4 + 81r^3R + 136r^2R^2 + 80rR^3 + 16R^4}{3(2r + R)(3r + R)} \\
|X_{12}X_{40}|^2 \geq 0 &\implies s^2 \leq \frac{R(2r^3 + 13r^2R + 12rR^2 + 4R^3)}{2r(2r + R)} \\
|X_{20}X_{35}|^2 \geq 0 &\implies s^2 \leq \frac{8r^4 + 38r^3R + 73r^2R^2 + 56rR^3 + 16R^4}{(2r + R)(4r + 3R)} \\
|X_{20}X_{55}|^2 \geq 0 &\implies s^2 \leq \frac{2r^4 + 11r^3R + 28r^2R^2 + 32rR^3 + 16R^4}{(r + R)(2r + 3R)} \\
|X_{20}X_{65}|^2 \geq 0 &\implies s^2 \leq -\frac{3r^3 - 16rR^2 - 16R^3}{r + 3R} \\
|X_{20}X_{79}|^2 \geq 0 &\implies s^2 \leq \frac{24r^4 + 166r^3R + 409r^2R^2 + 408rR^3 + 144R^4}{(4r + 3R)(10r + 9R)} \\
|X_{20}X_{142}|^2 \geq 0 &\implies s^2 \leq \frac{(r + 4R)^2(15r^2 + 60rR + 64R^2)}{(3r + 10R)(7r + 22R)}
\end{aligned}$$

Upper bounds for s^2 (continued):

$$\begin{aligned}
|X_{20}X_{210}|^2 \geq 0 &\implies s^2 \leq -\frac{3r^3 + 44r^2R + 128rR^2 + 144R^3}{5(r - 7R)} \\
|X_{21}X_{40}|^2 \geq 0 &\implies s^2 \leq -\frac{10r^3 + 17r^2R - 20rR^2 - 36R^3}{2r + 5R} \\
|X_{35}X_{79}|^2 \geq 0 &\implies s^2 \leq \frac{4r^4 + 32r^3R + 87r^2R^2 + 92rR^3 + 36R^4}{(2r + R)(6r + 5R)} \\
|X_{40}X_{79}|^2 \geq 0 &\implies s^2 \leq \frac{R(r^3 + 7r^2R + 12rR^2 + 9R^3)}{r(4r + 3R)} \\
|X_{40}X_{142}|^2 \geq 0 &\implies s^2 \leq -\frac{(r + 4R)^2(r^2 + 4rR - 16R^2)}{(r + 2R)(5r + 14R)} \\
|X_{40}X_{210}|^2 \geq 0 &\implies s^2 \leq \frac{R(5r^2 + 20rR + 36R^2)}{2(-r + 4R)} \\
|X_{55}X_{79}|^2 \geq 0 &\implies s^2 \leq \frac{4r^4 + 38r^3R + 126r^2R^2 + 170rR^3 + 81R^4}{2(r + R)(6r + 7R)}
\end{aligned}$$

3.3. Lower bounds for s^2 .

Using the procedure described in Section 2, we found the following lower bounds for s^2 in terms of r and R .

Theorem 3. *The following inequalities are true for all triangles.*

$$\begin{aligned}
|X_1X_2|^2 \geq 0 &\implies s^2 \geq r(16R - 5r) \\
|X_1X_9|^2 \geq 0 &\implies s^2 \geq \frac{r(r + 4R)^2}{r + R} \\
|X_1X_{21}|^2 \geq 0 &\implies s^2 \geq \frac{r(6r^2 + 19rR + 16R^2)}{2r + R} \\
|X_1X_{142}|^2 \geq 0 &\implies s^2 \geq \frac{r(3r - 4R)(r + 4R)^2}{(r - 2R)(r + 2R)} \\
|X_1X_{210}|^2 \geq 0 &\implies s^2 \geq \frac{rR(7r + 64R)}{2(r + 2R)} \\
|X_2X_7|^2 \geq 0 &\implies s^2 \geq \frac{(r(r + 4R))^3}{(2R - r)(5r + 2R)} \\
|X_2X_{12}|^2 \geq 0 &\implies s^2 \geq \frac{r(2r^3 + r^2R + 4rR^2 - 16R^3)}{(r - R)(2r + R)} \\
|X_2X_{65}|^2 \geq 0 &\implies s^2 \geq \frac{r(15r^2 + 28rR + 16R^2)}{3r + R} \\
|X_2X_{72}|^2 \geq 0 &\implies s^2 \geq \frac{r(12r^2 + 55rR + 64R^2)}{2(3r + 2R)} \\
|X_2X_{79}|^2 \geq 0 &\implies s^2 \geq \frac{r(8r^3 + 38r^2R - 3rR^2 - 144R^3)}{(4r - 3R)(14r + 3R)} \\
|X_3X_{63}|^2 \geq 0 &\implies s^2 \geq \frac{r^3 + 5r^2R + 6rR^2 - R^3}{r}
\end{aligned}$$

Lower bounds for s^2 (continued):

$$\begin{aligned}
|X_3X_{145}|^2 \geq 0 &\implies s^2 \geq \frac{1}{2}(-6r^2 + 32rR - R^2) \\
|X_5X_7|^2 \geq 0 &\implies s^2 \geq \frac{(r+4R)^2(2r^2+8rR-R^2)}{6r(4R-r)} \\
|X_5X_{63}|^2 \geq 0 &\implies s^2 \geq \frac{R(2r^3+13r^2R+22rR^2-R^3)}{2(R-r)(2r+R)} \\
|X_5X_{65}|^2 \geq 0 &\implies s^2 \geq \frac{6r^3+12r^2R+8rR^2-R^3}{2r} \\
|X_5X_{72}|^2 \geq 0 &\implies s^2 \geq \frac{6r^3+26r^2R+28rR^2-R^3}{2(r+R)} \\
|X_5X_{79}|^2 \geq 0 &\implies s^2 \geq \frac{R(8r^3-6r^2R+96rR^2-9R^3)}{8r(-2r+3R)} \\
|X_5X_{145}|^2 \geq 0 &\implies s^2 \geq \frac{1}{6}(-42r^2+104rR-R^2) \\
|X_5X_{210}|^2 \geq 0 &\implies s^2 \geq \frac{6r^3+40r^2R+64rR^2-9R^3}{2(r+2R)} \\
|X_7X_{10}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^2(3r+16R)}{(4R-r)(7r+4R)} \\
|X_7X_{12}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^2(2r+9R)}{3(3R-r)(2r+R)} \\
|X_7X_{21}|^2 \geq 0 &\implies s^2 \geq \frac{rR(r+4R)^2}{(R-r)(4r+R)} \\
|X_7X_{72}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^2(2r^2+11rR+16R^2)}{4R(r^2+8rR+4R^2)} \\
|X_7X_{210}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^3(3r+16R)}{(8R-r)(r^2+15rR+8R^2)} \\
|X_8X_{12}|^2 \geq 0 &\implies s^2 \geq -\frac{r(6r^3-21r^2R-40rR^2-16R^3)}{(r+R)(2r+R)} \\
|X_8X_{21}|^2 \geq 0 &\implies s^2 \geq -\frac{r(4r^3+5r^2R-12rR^2-16R^3)}{R(r+R)} \\
|X_8X_{35}|^2 \geq 0 &\implies s^2 \geq -\frac{r(16r^3+2r^2R-27rR^2-16R^3)}{R(2r+R)} \\
|X_8X_{142}|^2 \geq 0 &\implies s^2 \geq \frac{r(36R-7r)(r+4R)^2}{3(r+2R)(r+6R)} \\
|X_8X_{210}|^2 \geq 0 &\implies s^2 \geq \frac{r(3r^2-20rR+16R^2)}{R-r} \\
|X_9X_{12}|^2 \geq 0 &\implies s^2 \geq \frac{rR(r+4R)^2(2r^2+5rR+4R^2)}{2(r+R)(2r+R)(2R^2-r^2)} \\
|X_9X_{21}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^2(2r^2+5rR+4R^2)}{(3r+2R)(2r^2+rR+2R^2)}
\end{aligned}$$

Lower bounds for s^2 (continued):

$$\begin{aligned}
|X_9X_{35}|^2 \geq 0 &\implies s^2 \geq \frac{rR^2(r+4R)^2}{(2r+R)(r^2-rR+R^2)} \\
|X_9X_{55}|^2 \geq 0 &\implies s^2 \geq \frac{rR(r+4R)^3}{2(r+R)(r^2+2R^2)} \\
|X_9X_{65}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^2(2r^2+5rR+4R^2)}{2R(r^2+6rR+2R^2)} \\
|X_{10}X_{55}|^2 \geq 0 &\implies s^2 \geq \frac{r(3r^3+12r^2R+5rR^2-16R^3)}{(r-R)(r+R)} \\
|X_{10}X_{63}|^2 \geq 0 &\implies s^2 \geq \frac{r(r^3+2r^2R-3rR^2-16R^3)}{(r-R)(3r+R)} \\
|X_{10}X_{79}|^2 \geq 0 &\implies s^2 \geq \frac{r(4r^3+40r^2R+123rR^2+144R^3)}{(3R-2r)(10r+3R)} \\
|X_{12}X_{21}|^2 \geq 0 &\implies s^2 \geq \frac{r(2r^2+5rR+4R^2)^2}{(r+R)(2r+R)^2} \\
|X_{12}X_{63}|^2 \geq 0 &\implies s^2 \geq -\frac{rR(4r^4+28r^3R+71r^2R^2+60rR^3+16R^4)}{(2r+R)^2(r^2-rR-R^2)} \\
|X_{12}X_{142}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^2(2r^2-7rR+4R^2)}{(r-2R)(3r-2R)(2r+R)} \\
|X_{12}X_{145}|^2 \geq 0 &\implies s^2 \geq -\frac{r(42r^3-75r^2R-76rR^2-16R^3)}{(2r+R)(3r+R)} \\
|X_{21}X_{65}|^2 \geq 0 &\implies s^2 \geq \frac{r(8r^4+34r^3R+53r^2R^2+40rR^3+16R^4)}{R(2r^2+5rR+R^2)} \\
|X_{21}X_{72}|^2 \geq 0 &\implies s^2 \geq \frac{r(4r^4+34r^3R+104r^2R^2+135rR^3+64R^4)}{2(r+R)(2r^2+3rR+2R^2)} \\
|X_{21}X_{79}|^2 \geq 0 &\implies s^2 \geq \frac{r(2r^2+11rR+16R^2)}{6r+R} \\
|X_{21}X_{145}|^2 \geq 0 &\implies s^2 \geq -\frac{r(6r^3-10r^2R-71rR^2-64R^3)}{2(r+R)(r+2R)} \\
|X_{21}X_{210}|^2 \geq 0 &\implies s^2 \geq \frac{rR(10r^3+91r^2R+204rR^2+144R^3)}{(4r+3R)(2r^2+rR+3R^2)} \\
|X_{35}X_{63}|^2 \geq 0 &\implies s^2 \geq \frac{r(4r^4+30r^3R+72r^2R^2+59rR^3+16R^4)}{(2r+R)(2r^2+2rR+R^2)} \\
|X_{35}X_{72}|^2 \geq 0 &\implies s^2 \geq \frac{r(4r^4+24r^3R+51r^2R^2+44rR^3+16R^4)}{(2r+R)(2r^2+rR+R^2)} \\
|X_{35}X_{145}|^2 \geq 0 &\implies s^2 \geq -\frac{r(24r^3-106r^2R-83rR^2-16R^3)}{(2r+R)(4r+R)} \\
|X_{35}X_{210}|^2 \geq 0 &\implies s^2 \geq \frac{rR(4r^3+32r^2R+71rR^2+64R^3)}{2(2r+R)(2r^2-rR+2R^2)} \\
|X_{40}X_{145}|^2 \geq 0 &\implies s^2 \geq \frac{1}{3}(-7r^2+52rR-4R^2)
\end{aligned}$$

Lower bounds for s^2 (continued):

$$\begin{aligned}
|X_{55}X_{72}|^2 \geq 0 &\implies s^2 \geq \frac{r(r^4 + 7r^3R + 20r^2R^2 + 27rR^3 + 16R^4)}{(r+R)(r^2+rR+R^2)} \\
|X_{63}X_{65}|^2 \geq 0 &\implies s^2 \geq \frac{r(2r^4 + 10r^3R + 23r^2R^2 + 28rR^3 + 16R^4)}{R(r^2 + 3rR + R^2)} \\
|X_{63}X_{79}|^2 \geq 0 &\implies s^2 \geq -\frac{rR(8r^4 + 74r^3R + 240r^2R^2 + 315rR^3 + 144R^4)}{(2r^2 - 3R^2)(8r^2 + 12rR + 3R^2)} \\
|X_{63}X_{145}|^2 \geq 0 &\implies s^2 \geq -\frac{r(7r^3 - 28r^2R - 96rR^2 - 64R^3)}{(r+2R)(3r+2R)} \\
|X_{63}X_{210}|^2 \geq 0 &\implies s^2 \geq -\frac{rR(r+4R)^2}{r^2 - 3rR - R^2} \\
|X_{65}X_{142}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^2(6r^2 + 9rR + 4R^2)}{(r+2R)(2r^2 + 7rR + 2R^2)} \\
|X_{72}X_{79}|^2 \geq 0 &\implies s^2 \geq \frac{r(8r^4 + 62r^3R + 183r^2R^2 + 252rR^3 + 144R^4)}{3R(2r^2 + 9rR + 3R^2)} \\
|X_{72}X_{142}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^2(6r^2 + 29rR + 36R^2)}{(r+6R)(2r^2 + 11rR + 6R^2)} \\
|X_{79}X_{142}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^2(4r^3 + 24r^2R + 27rR^2 - 36R^3)}{3(2r^2 + 9rR - 6R^2)(2r^2 + 11rR + 2R^2)} \\
|X_{79}X_{145}|^2 \geq 0 &\implies s^2 \geq \frac{r(56r^3 + 110r^2R - 51rR^2 - 144R^3)}{(2r-3R)(4r+3R)} \\
|X_{79}X_{210}|^2 \geq 0 &\implies s^2 \geq -\frac{r(12r^4 + 118r^3R + 436r^2R^2 + 759rR^3 + 576R^4)}{2(r-3R)(2r^2 + 19rR + 6R^2)} \\
|X_{142}X_{145}|^2 \geq 0 &\implies s^2 \geq -\frac{r(39r - 100R)(r+4R)^2}{(r+10R)(3r+10R)} \\
|X_{142}X_{210}|^2 \geq 0 &\implies s^2 \geq \frac{r(r+4R)^3(6r+25R)}{(r+10R)(2r^2 + 15rR + 10R^2)} \\
|X_{145}X_{210}|^2 \geq 0 &\implies s^2 \geq -\frac{r(3r^2 + 56rR - 400R^2)}{5(r+5R)}
\end{aligned}$$

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